

## NZ Safety Alert

Let's work together to keep ourselves and our workers safe

27 August 2021

## We need to look after each other

We are in difficult times again and it is ok to feel a bit overawed by the impact of Covid-19, especially after we have gone so long without an outbreak.

Take some time in isolation to ensure we appreciate the impact on the mental health and anxiety experienced by our workers, family and friends.

We are available to help; you can contact me at <a href="mailto:wayne@minex.org.nz">wayne@minex.org.nz</a> or phone 021944336 if you would just like a chat. Now is a time for looking after ourselves and each other.

If you would like to share ideas for managing through this difficult time, or any other ideas for living in isolation please share them with us at <a href="mailto:office@minex.org.nz">office@minex.org.nz</a> and we will share with others in the extractives sector.

Contact MinEx if you need any assistance or please refer to the Government website:

https://covid19.govt.nz/



## You need to ensure that:

- 1. You provide assistance and support to workers and their families in this difficult time.
- 2. You comply with all Government requirements associated with isolation and shutdown of non-essential services.
- 3. You make a difference by supporting friends, neighbours and whānau, especially the elderly and vulnerable.

Know of an incident or near miss? Please share the learnings with us.