

NZ Safety Alert

Let's work together to keep ourselves and our workers safe.

16 June 2023

Remain vigilant with worker health

Influenza (flu) is a common viral illness. Most cases occur during the winter months; May to October in New Zealand. It is easily spread to others through talking, coughing and sneezing.

It is important to keep up good health and hygiene measures and stay home if feeling unwell. Some may choose to wear masks and they should be respected for their decision.

Winter is here and we are already seeing significant impact on workplaces and the health system from Covid-19, flu, and other diseases such as respiratory syncytial virus (RSV) and measles.

People are encouraged to get their Covid-19 boosters, and a flu vaccination, and make sure childhood immunisations such as measles, mumps and rubella (MMR) are up to date.

Contact the Government website for help:
<https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/influenza>.

A guide to Worker Health in Extractives



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You need to ensure that:

1. You maintain good hygiene and other measures to reduce the spread of disease in your workplace.
2. You have clear procedures for managing and supporting workers who are unwell.
3. You have planned for absenteeism and the impacts on other workers, including workload, need for supervision, competencies etc.

Know of an incident or near miss? Please share the learnings with us.